


OCTOBER 2023

Sun	Mon	Tue	Wed	THUR	Fri	Sat
<p>1</p> <p>*UPPER LEVEL ** LOWER LEVEL *** OUTSIDE KSC</p>	<p>2</p> <p>**UNION COUNTY LUNCH IS OPENED TO ALL U C RESIDENTS -LOWER LEVEL "SENIOR CAFÉ" \$1.75/DONATION *LINE DANCE 10:30AM • **UC LUNCH PROGRAM 11:30</p>	<p>3</p> <p>• *10:30AM-SENIOR • <u>FITNESS</u> *** 1:00PM SENIOR BOWLING @ GARWOOD LANES, GARWOOD MUST SIGN IN!!</p>	<p>4</p> <p>• *9:30AM- SENIOR ZUMBA • **11:30AM-UC LUNCH • SENIOR CAFE ** 1PM-KENILWORTH SENIOR CLUB MTG.</p>	<p>5</p> <p>HAPPY BIRTHDAY TO ALL BORN IN OCTOBER. ENJOY!!!</p>	<p>6</p> <p>*10:00AM-SENIOR CHAIR YOGA **11:30AM-SENIOR CAFÉ LUNCH</p>	<p>7</p> <p>SENIOR CERAMICS CALL BARBARA @ 908-686-2035</p>
<p>8</p>	<p>9</p> <p>CLOSED FOR COLUMBUS DAY NO UC LUNCH & NO LINE DANCE</p>	<p>10</p> <p>*10:30AM-SENIOR <u>FITNESS</u> ***1-PM SENIOR BOWLING @ GARWOOD LANES</p>	<p>11</p> <p>*9:30AM-ZUMBA **11:30AM-SENIOR CAFÉ LUNCH</p>	<p>12</p>	<p>13</p> <p>*10:00AM-SENIOR CHAIR YOGA **11:30AM-SENIOR CAFÉ LUNCH ***1:00-SENIOR CERAMIC GARWOOD</p>	<p>14</p> <p>***SENIOR CERAMICS ON OCT.. 13TH & Oct 27th 1:00pm in Garwood</p>
<p>15</p> <p>**PLEASE NOTE ON OCT.23RD VISITING HEALTH NURSE COMING 10:30AM-12:30PM</p>	<p>16</p> <p>*10:30AM-LINE DANCE **11:30AM-SENIOR CAFÉ LUNCH</p>	<p>17</p> <p>*10:30AM-SENIOR <u>FITNESS</u> ***1PM- SR. BOWLING @ GARWOOD LANES</p>	<p>18</p> <p>*9:30AM- SENIOR ZUMBA **11:30-SENIOR CAFÉ LUNCH</p>	<p>19</p>	<p>20</p> <p>*10:00AM-SENIOR CHAIR YOGA **11:30AM-SENIOR CAFÉ LUNCH</p>	<p>21</p>
<p>22</p> <p>FREE RABIES CLINIC @ HARDING SCHOOL BY THE CIRCLE DROP OFF OCT.28TH 10:00AM TO 12:00PM B OF H DEPT# 908-276-2740</p>	<p>23</p> <p>*10:30AM-LINE DANCE ** 10:30-12:30-HEALTH NURSE **11:30AM-SENIOR CAFÉ LUNCH</p>	<p>24</p> <p>*10:30AM-SENIOR <u>FITNESS</u> *** 1-PM SR.BOWLING @ GARWOOD LANES</p>	<p>25</p> <p>*9:30AM-SENIOR ZUMBA **11:30AM- SENIOR CAFÉ LUNCH</p>	<p>26</p>	<p>27</p> <p>*10:00AM -SENIOR CHAIR YOGA **11:30AM-SENIOR CAFÉ LUNCH ***1PM-SENIOR CERAMICS GARWOOD</p>	<p>28</p>
<p>29</p>	<p>30</p> <p>*10:30AM-LINE DANCE **11:30AM-SENIOR CAFÉ LUNCH</p>	<p>31</p> <p>*10:30AM-SENIOR <u>FITNESS</u> ***1:PM-SENIOR BOWLING @ GARWOOD LANES</p>		<p>IMPORTANT NEWS FROM THE TAX DEPT. OCT.31ST- DEADLINE TO MAIL PTR-(SR.FREEZE)</p>	<p>FORMS TO THE STATE OF NJ. NOV.1ST-NOV.13TH 4TH QRT.TAXES ARE DUE...</p>	